

# "TEACHINGS FROM THE HIERARCHY"

## Monthly Teaching Letter for the dedicated student/seeker

Channeled through  
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### *Counseling Methods \* Energy forms* (Morning class, August 9, 1989, Hawaii)

(continuation from No. 6/V.)

Seeker: For instance, if there's an administrative situation that comes up and my opinion is asked for, then I'll give from the best of my experience my opinion, but I do not watch to see how they choose to do it.

Jordan: No, that's not necessarily true.

Seeker: Or I would watch to not interfere in the process that they choose?

Jordan: If that particular project is essential for your dream and for the establishment of what you want, then you will end up doing it yourself, but not for their benefit. It's a real fine line, and you have to be real aware.

Seeker: So if I see that their actions are affecting the overall goal, it is my responsibility to encourage more productive procedures.

Jordan: Encourage by doing what?

Seeker: Well, by being the example.

Jordan: Okay, because that's the only right answer.

Seeker: If I know I have clearly explained the concept and they choose to follow through with their own understanding, then I have to let them follow through with their own understanding unless I know that it's affecting the overall goal. Then I get in and I stir or I encourage so that it can be in conjunction with the overall goal, because I know it would be more destructive than the process of learning and growth to just go ahead and let them do it as they see it?

Jordan: But what's your attitude?

Seeker: Non-judgment.

Jordan: Okay, I want more description, because your attitude can't be, "I am doing this for you," your attitude has to be, "I am doing it for myself. I am doing this because what you are doing is affecting my dream and I can't give you permission to affect my dream. I can't indulge you in your indulgences because it would affect my dream, my growth. So I am going to quietly or verbally do for myself what needs to be done in order to achieve the overall goal, because the overall goal is my dream." And it's your choice whether you do it quietly or verbally.

See, it's such a double-edged sword because, sometimes, sitting back and letting the individual destroy the overall purpose or the dream is also compounding their karma. Now, the only person it can be destroyed for is you. Let me put it to you in an example to make it clear. When anybody in the center deliberately continues on cycles that affect the overall goal purpose of my dream, of my mission on this earth plane, there are two ways I can handle it. I can do confrontation and I can inform them that they are destroying my dream, or I can get in there and take it over and evolve my dream again with the willingness to let them go by the wayside and be submerged in whatever they created for themselves. I don't feel the necessity to drag them with me, and I don't feel the necessity to make them guilty about their choices.

Seeker: So when I am doing it for myself because it is my dream, then that's balanced ambition.

Jordan: That's balanced ambition, yes.

Seeker: In my viewing of all this, I have to look at the fine lines of what they have chosen as necessary for their own administrative growth, if they from all possible procedures, which reflect all levels of their being, choose the ones that are destructive for the overall which is my dream.

Jordan: Yes. Then you simply ask them to write you a letter of release as their teacher, or you release them and you make the release.

Seeker: What's your understanding about the theory of Albert Einstein?

Jordan: Which one?

Seeker: The one he decided not to publish. Then he wrote another one.

Jordan: What is it called?

Seeker: Uniformed theory of magnetic field.

Jordan: That's the law of like attracts like. It's basically founded on a uniformed form of magnetic fields which merge with each other creating one force field. In simple terms. Uniform always mean like, identical. When you wear a uniform to school, you all look alike, right?

Seeker: Yes. There is an experiment that works with induced electrical currents to create a reaction. Would they use opposite poles?

Jordan: In terms of man's concepts it would be opposites. In order to get a reaction through current or energy, one has to have opposite poles. So as a result it induces a reaction. You could take that into medical terms with the understanding of the right brain and left brain theory and how each represents either the negative or the positive pole, and as they come together, they are in conflict with each other, they produce a reaction which becomes visual and illuminating.

Seeker: I mean the physical laws. One has a magnet and a wire.

Jordan: But you are a magnet. In metaphysical terms it simply gives you the basis of building the bridge and merging into a like or uniform concept the results of those conflicting poles. In other words,

you have to bring your yin and your yang together to one sense of order to produce the unified form of energy which you create and merge with, which would create the evolution that you are looking for. Induced energy creates a stagnation or a static energy, which is not discernable in its clarity because its points are very jagged (peaks and valleys).

Isn't that a wonderful concept? It's up to you to create the unified energy, and the only way you'll do that is by creating this wonderful unseen bridge between the opposite poles which produce a frictional reaction, induced energy. You can take that all the way down to the absolute core line by simply saying it is the yin and the yang, or it's your psychic sensors against your intellectual perceptions. But you still must create the bridge, mustn't you? Otherwise you will induce very static energy. You will be vacillating magnetically and drawing through the law of attraction to you the experiences that you really don't wish to happen, whether your magnetic flow of energy is primarily through your intellectual pole or whether it's through your emotional pole. Whenever we enter into the polarity of drama, we then start to attract from the atmosphere magnetically all of that experience which incurs drama without necessarily the intellectual perception or understandings. So we are in the process of bringing the energies into balance and into unification or uniform.

It has an effect on what we are doing, a great effect, because it reminds us of the necessity for us to create a bridge between our intellectual perceptions and our emotional perceptions and in the center to create that uniform energy pattern which then will enter into the law of like attracts like. Then we will through visual and experiential forms encounter the patterns of energy that we attract to us through the law of attraction. You can take that further by the verification of the fact that we have developed certain practices to intensify certain generating forces within our consciousness, either the emotional force or the psychic force or the intellectual force, or the physical force. Mind dynamics and mind control and things of that nature are all those particular exercises that we enter into to generate form, to release the generation from a particular pole, whereas meditation and the adherence to philosophical structures and religious structures all come from the emotional and the intuitive side. When we build a bridge and we bring them together we get a unified form of energy which then attracts to us that higher level of experience and comprehension and permits us to be more in tune with the universal mind consciousness.

It's not much different than when I teach you about healing and I remind you that you must be either the positive magnetic pole or the negative magnetic pole for the temporary time you are passing your hands as your magnet over the structure and through the aura of the individual, magnetically attracting on to the palms of your hands the pollution that is generating from either one or the two poles and is creating the stagnation which has created an imbalance.

Seeker: So in order to give relief or temporary relief to a pain, you utilize the opposite pole of that.

Jordan: Of course. Obviously there is an over-abundance of energy directed to the generators of either a positive or a negative measurement.

Seeker: While there is relief from the pain you teach them.

Jordan: You try to create the bridge for them between the two poles that according to psychology and psychiatry exist within the consciousness, and that's right brain and left brain emanations. The realization that we are a composite of those two poles of energy with their many frequencies has become very prevalent and we have been working with these concepts for ages attempting to create a bridge. Om Shanti.

## ***FANTASIES, DREAMS AND VISIONS***

*(N.A.I.M., July 25, 26, 1987)*

We will begin by speaking about the differentiation between a dream, a fantasy and a vision. Why don't we just start with dreams? A dream is a subconscious awareness of the thought processes that you release into the ethers and must become aware of. There is a major fallacy in most literature written about dream interpretation. That fallacy is that they give you absolute symbolic references such as they say: If you dream about death it means death. We know that is not true. We know that death often symbolizes the death of an old attitude and the awakening of a new one. In dream interpretation the first rule of thumb is that you are all of the characters and you are all of the participants in your dreams, regardless of sex or form. A house represents your mental understanding. An airplane, a boat, an auto represents your physical body. The furnishings within the home, within the auto represent your emotional understanding. If you can grasp that concept you have made your first step in becoming a dream analyst.

A vision is definitely directed to the etheric plane because a vision is a pre-awareness of what will come. That is correct. A vision is a pre-awareness of what will come, and a dream is an awareness of what you are creating. But once you recognize them, know how to interpret them and work with them, then you become the master and captain of your ship because then you can put forth, through proclamation, visualization and discipline what you yourself desire to experience. That's why Jung has asked us so many times to create journals, to record our dreams and also to record our psychic experiences. When he spoke of psychic experiences he was basically speaking about our visions, our intuitions and an understanding, on whatever level we can at that moment in time, of our emotions. That includes our fears, anxieties, our love, and so forth and so on.

Seeker: The dream we have in our sleep state, the vision during the awake state?

Jordan: No, actually your visions oftentimes come in that state which we call "day dreaming," when our mind is distracted, our emotions are balanced and we are just sort of whisking off into the atmosphere and we begin to see visions of things to happen.

Seeker: Do they come also in meditation?

Jordan: They come also in meditation, yes. In some dream states you can go from a dream to a vision and we call that precognizance. There are two types of dreams. There is the participant and the observer. Many times you will be the observer and you will be experiencing in your dream state your fears, anxieties and subconscious awarenesses while they are enacted upon by individuals who you have either met, known or experienced. That means that it is precognizant because you are not really actively involved in it. But when you are actively involved in your dream you are the participant, and that means that it is created and you are being shown through dream state how to best work with it.

Seeker: To be an observer in a dream is a part of precognizance?

Jordan: I have always believed that watching myself in a dream category is a part of precognizance. It is showing me something that I am creating but have yet not experienced, and I am creating it through my thought processes. When I am involved in a dream, then I know that on some level of my creative, aware consciousness I am actively participating in it. So precognizance comes from an awareness of what we are creating but what we haven't yet experienced. That gives us the opportunity to change it. When we are actively involved in it, we can also change it by understanding the misuse of the laws which brought it into manifestation, and then we have to utilize the disciplines to pull ourselves out of it and become more, again, directed and devoted to our own purpose and intent. They each require a certain amount of work, and they each require a certain amount of understanding. If we constantly go to a dream book to try to interpret them, then we are really not going to be successful in eliminating the various different creative energies which have brought us to this precognizant state and to this aware state of what we are releasing into the astral plane. But that's what a dream is all about. That's exactly what Jung says a dream is all about. But some of his teachings have been bastardized because some of his students do not want to take the responsibility for this total awareness of self.

Seeker: Could dreams also show me an aspect that I carried over from a past life?

Jordan: Yes, and you are recreating it. It could be a situation that you become aware of from every past life that you have lived and you have carried it with you life after life after life after life. That's what psychology is beginning to recognize with claustrophobia and other kinds of phobias that they are a carry-over from past lives. They are reflected in the physical expression, but oftentimes they are also exemplified in the dream state. When you do not choose to remember your dreams, what you are doing is you are putting up a psychic mental block because you are not ready at that moment in time to progress into the greater dimensions which your dream state will allow you to entertain. We are taught that we can talk to our subconscious mind and we can affirm that we are prepared, ready, willing, and able to learn the lesson from our dream state. Remember the division. Participant or observer. This is precisely what people experience when they are under anaesthesia and under some sort of a physical, surgical situation. They actually begin to see in the astral plane a scenario of their lives, and I said lives (plural) and this life that they have chosen to create. Of course some people call it "near death experiences," and Kübler-Ross has done a whole investigation on death and dying.

Seeker: I would like to know if in a dream, can we also identify with an object in the dream and what kind of clue does that give us?

Jordan: The answer is yes because each object represents a particle of your created consciousness.

Seeker: What about this state where you wake up and you are not sure you were dreaming or not...

Jordan: That's what we call the "day dreaming" state or "the inbetween" state and that is actually where you are both, practitioner and observer. Whatever you become aware of in that state you should record most definitely in your journals because it is going to be working with either a precognition or with an understanding of what has already been, and you are going to begin to get the answers as to how you can avoid it happening again.

Seeker: Most of the times it's teaching me...

Jordan: Of course. But everything we do, all of our dreams, absolutely everything that we truly experience in those quieted astral planes is teaching us because our purpose here is purely evolution. We have no other reason for being here. Take what I am teaching you about reincarnation and you look at this structure and say, "Is it everything that I want it to be?," look at your communication with each other and say, "Are they everything that I want them to be?," because the laws of reincarnation say that we choose and are attracted to individuals which we have known in past lives. We have either an indebtedness to them or we can derive a dharma from that association. It is up to us to determine that. We do not do anything by chance, we do everything collectively, determinedly, and it is to show us how we are evolving in ourselves. I have tried to teach you all these years that I simply love you, I simply accept you. If I have been guilty of anything, it's wanting more for you than you want for yourselves. Well, maybe that is my karma in life to learn, but you should be grateful that I have dealt with that and I am dealing with it because if I had it totally in balance, I would not have put up with two thirds of what I have. You can take that for how you want to, but dreams show us our potential karma, our potential creations and our potential assistances, and it is up to us to know how to analyze them, because dream state as trance state is the process of being non-effected by the personality understanding, judgment and clarification. That's why symbols teach us, when we use the universal symbols, how we can equate ourselves with what we see. That's why Jung asked you to keep a dream journal. Actually what he simply said was: Keep a journal. Because if you are going to understand your either karmic or dharmic... Do you note there are only two divisions because from the two you add the one which is understanding, and whether you are understanding from emotion or intellect you create the physical reaction, don't you? Then you put the law of compensation into action and you get back exactly what you have given out in one dimension or another.

When you are working with dreams, now listen closely, you have to create for your client an ambiguous state of mind, and as they reveal their dream to you, you must be able to talk them into being every object within their dreams, because that is the only way they are going to accept it for themselves.

Seeker: If in a dream you are for awhile the observer and then for a while a participant...

Jordan: There is no measurement, they can interweave constantly.

Seeker: What are nightmares?

Jordan: Nightmares are a very big intensification of what you have experienced either in a past lifetime and can't wait to recreate it in this lifetime... They are precognizant because they are giving you the opportunity to change it. Just as when we get an astrological reading, we are aware of influences which could affect our lives, but who is the master and captain of our life? In philosophy we teach you that you must make choices, and in making those choices you can either be master and captain or you can be subservient to the astrological influences, the numerology influences, the graphoanalysis influences, the clairvoyant influences, clairvision influences, and clairaudience influences. But each of us must make that choice on a day-to-day, a moment-to-moment basis. Nightmares only show you that other side of your being which you are disciplining but aren't aware of its effect on the angelic side of your being.

Seeker: When I scream or cry, do I break the energy with that?

Jordan: Yes, you most certainly are. Whenever you scream or cry you are actually trying to break the energy hold.

Seeker: If I believe that I am working very hard at night, and this state inbetween when everything is so beautiful....

Jordan: You want an honest answer? You work so hard in your sleep state because you are such a perfectionist in your awake state, and unfortunately you are extremely judgmental in the awake state, and you are battling your own feelings of inadequacies. You said to me a number of times that the Germans are a very stubborn people. What you have been actually saying to me is that you are the one who is stubborn, that you are the one who refuses to submit. You never submitted to your husband, you never submitted to your children, you never submitted to anyone, and you are extremely critical of anyone who can't see the importance of their own spiritual growth. That's why you work so hard on the astral plane. When you can allow people to be what they have chosen to be and you know for them it's all in Divine Order, then you will stop working so hard.

Seeker: What about the part that is so beautiful?

Jordan: That's because you have finally achieved a feeling of comfort.

Seeker: When I am in the inbetween state I have the feeling of beauty, real beauty.

Jordan: But that's where the real beauty is, because everybody is beautiful.

Om Shanti.

(This Teaching letter will be continued in No. 8/V.)

