

"TEACHINGS FROM THE HIERARCHY"

Monthly Teaching Letter for the dedicated student/seeker

**Channeled through
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Affirmation, Visualization, Concentration

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(continuation from No. 02/XI)

Seeker: You use icons as a reminder?

Jordan: Yes. I am going to tell you a story to exemplify affirmation and visualization. More than thirty years ago I had a friend who was black. And thirty years ago especially in my country there was a great deal of prejudice projected toward the black race. Black people were confined to various different living sections and certain types of professional situations. This good friend of mine, we were both in metaphysics, was doing affirmation. One afternoon she invited me to come to her home. I arrived, we talked about all kinds of metaphysical theses and I said to her, "Well, Mary what do you want to do?" And she said to me, "Well, I am contemplating going for a ride in my new Cadillac." I looked at her and I said, "A new Cadillac?" And she said, "Yes. I only want to use it to take me back and forth to class, to take me to my lectures demonstrating my abilities for God's purposes." She said, "Since working is a part of God's purpose I am using my new Cadillac to take me back and forth to work." Then she said to me, "Would you like to go for a ride with me?" I thought, "It has been a little while since I was in a Cadillac, why not?" So I said, "Sure." We get outside and I am looking all over for her Cadillac. We walk to the corner and we stand there and she says, "My Cadillac will be here in just a minute." I'm standing there with her continually chatting, waiting for this Cadillac to come up. Sure enough, her Cadillac came. It was a public transportation bus. We got on the bus, she paid her fare, I paid my fare. She selected her seat, I sat next to her and she said, "How do you like my Cadillac?" I said, "Mary, I think it's a bus." She said, "No, it's a bus to you, but it's my Cadillac. It's getting me to my work and it's getting me to my places of demonstration", and she said, "I am worthy of that Cadillac and it will manifest." Her attitude was she had it. Now logically she was riding a bus, but not to her, she was riding a Cadillac. It wasn't more than a few months before Mary drove up to my house in her new Cadillac. That's how visualization and affirmation works. The Cadillac manifested because she released waiting for it. She released anticipating it and her attitude was that she had it.

When you say, "I am wealthy", then your attitude must be wealth and you choose an object, an icon that represents that wealth. May be it's a diamond ring and the minute you start doubting your wealth

you twist it on your finger until you recognize that's your symbol of wealth which you are. And then you correct your attitudes and you do what is put in front of you, knowing you are wealthy.

When you are spiritual, you can logically find all of those pitfalls you've entered into. If you judge that as being non-spiritual, then non-spiritual is what you are going to get. But if you see them as lessons learned so you can express your spirituality more, then you have lessened their destructive quality, you have reinforced your affirmation as you have learned to express what you are more totally. That's how it works. When we choose an object for our visualization, for example a cross, and we can see it, we can feel it because our senses transmit the energy of this cross, then we should be able to close our eyes and reproduce it on our screen of imagination or on what we call the screen of reality. That's what's important. Whatever it is, if it's love, then get an icon of love. If it's a well functioning heart, get a picture of a well functioning heart, tape it to your breast, tell your heart that's what it should look like, that's how it should function and then go about your business. Your heart will respond unless you give it countermanding orders, and unfortunately that's what we do. We countermand the affirmations we put out there by the attitudes we demonstrate as we live life, as we cope with our lessons to be learned, as we cope with those visual tools which say no guilt, no dissection, no I am sorry, no denial, but recognition, because you've entered into it under your own steam. You've activated it for a purpose. When you discover the purpose, then you can begin to work on nullifying the continued activation. If I was unwilling to formulate it in words, then I would take the next best step and I would write it.

In theology and I am talking about orthodox theology we know that people who are searching will only contribute to what they can see. If we are going to build for them structures, which then open the door for their communications and the support issues from other persons who are in the same vein of evolutionary process, we have to give them a visual tool. In my very youth we needed to build a church. The church we had had outgrown itself. So as we held fund-raisers our congregation contributed enough money that we went out and bought the raw land. So then we set a date aside where we had a Sunday service on the raw land. We said: "This is what you've purchased. Can't you see your structure?" As a result we raised enough money to put in the foundation. Then after a period of time we had a Sunday service on the foundation. Then there was enough money contributed to raise the walls.

We respond to what we can see, what we can touch, what we can hear and what we can smell and taste. You should give yourself that assistance and you should choose an object that reminds you of your accomplishments to support your oftentimes delicate trust factors. And once you've got it and you can't deny its existence it's your constant encouragement for other manifestations. Think of how you can use small objects that exemplify your spiritual recognition, your self-discipline as the stepping stones to achieving your overall goals. Some of you have sat in an apportionment seance that I have performed for you. You were presented with an object, a stone, some object solidified. You were told that it was energy, that your spirit forces embedded their energy within it and that it was to assist you not only in your self-healing but in your spiritual quest, and that you could use it that way. Some of you had jewelry made out of it, some of you were told to carry it in your pocket, some of you were told to do other things with it. It's the same principle. Universal mind when it is necessary will present us with a densified object, which is energy embedded with their energy, as our iconic tool in our hands which can then assist us to manifest our visualized, affirmed growth, destiny, object, state, condition, etc.

Seeker: Do I concentrate on one affirmation at a time and wait until it manifests?

Jordan: I never wait until it manifests. I know it already is. Anything I can imagine is already here. Scriptures tell me that there is nothing on the earth plane that has not already been, that there is no

new thing under the heaven or on the earth. What is has already been and what shall be already is. That means it's merely my awareness and my willingness to administrate because love requires administration. Health requires administration. Money requires administration. Truth requires administration. Youth, which unfortunately is wasted on dissipations, requires administration, and beauty unfortunately goes most of the time unrecognized because it requires administration. Anything that you can see, anything that you can smell, anything that you can taste or touch or hear requires recognition and administration. The scent from the roses requires recognition and administration. Vegetables won't grow by themselves, someone has to plant the seed and someone has to water it and someone has to weed it if you are going to have the finished product of vegetables.

Seeker: How many affirmations can one tend to?

Jordan: All, one big ball of wax. Throw it out there. Your God knows no limitations. He has everything. That's not just philosophy. It's absolute truth. What's required of you is that you administrate your life force in the conditions of your creation, knowing that your visualized, affirmed object is there as you learn how to administrate it. That's the secret, us learning how to administrate it. For me the academy of higher wisdom here in Germany already is, but the people who are ignited in their own spiritual identities must learn how to administrate it. Just think, if God dropped 20 million dollars in your lap right now because you visualized it, what would you do with 20 million dollars? You'd buy yourself maybe a new Porsche or you would buy yourself perhaps a couple of big diamonds. You'd go and squander half of it impressing your mother and father. You'd find yourself a harem of females that you could play games with. But when you begin to learn how to administrate what already is, then the 20 Million dollars will be there because they already are. Let's think about what we would do if we don't learn administration— What would you do? Let's use a hypothetical situation. What if I used all of my psychokinetic energy and popped you in the third eye, awakened all of your abilities and all of a sudden instantaneously you could read auras and you could produce apportations and you could make the lame walk or the blind see or the deaf hear? Would you be able to administrate it balancedly?

Seeker: Probably not.

Jordan: Then learn balanced administration because that's exactly what you could have, but you must take it step by step and you must learn how to administrate. We have visual icons of that process of too much too soon. Since money is so available in the music market, we have those youngsters who make a great splash in the music field and we see how it throws them and they develop complexes and all manner of self-destruction. But after they had it and they have adjusted their images, then they can administrate it, can't they? Now I want an answer.

Seeker: I can't judge that.

Jordan: You don't have to judge it, you can discern it. It doesn't take much to see when someone is dissipating their God given abilities because they can't handle them or won't handle them or they are overpowering.

Seeker: Some of them are dead.

Jordan: Well, they have given up this physical form, but I don't know that they are dead.

Seeker: We work to recognize our talents and to use them to do God's work, and at the same time we work for career or existence.

Jordan: How is that not God's work?

Seeker: Where is this fine line where my personality is not important?

Jordan: First of all, I see you judging the work you do as being menial, unimportant and an indulgence in your personality.

Seeker: Maybe I make a division between the work I am doing to support myself financially and the work I want to do for God.

Jordan: You see the work you are doing as demeaning and you are not putting God in the work you are doing. If you washed a dish and you would put God into the dish—

Seeker: I am not speaking about the work I am doing here in the center, I am speaking about the work I am doing at home.

Jordan: You wash dishes at home or do they sit dirty?

Seeker: I wash them.

Jordan: Then may I continue without necessarily confronting your resistances? If you wash a plate and you put God into it, then when your son eats of that plate because God is in that plate, he would experience healing because God doesn't know ill health, doesn't know illness, doesn't know limitations. If you broom your floor and you put God into your floor brooming and have your own joy for seeing your floor clean and shiny, then everybody who walks on it will experience the love you've put into it, the God you've put into it. When you open your books and you put in your brain your healing practitioner's information and you do it for God's service, then everybody who will avail themselves to what you've put in your brain, will derive the benefit of Lora putting her God into action. If you remember that as you administrate the menial tasks of throwing the wood on the fire, taking the ashes out, you are indeed working for God, for his healing powers, and then you have not at all lessened your service to God. You are just taking the opportunities that present themselves to express your recognition of your God in the activities that lay before you. Don't divide them. You are struggling with it because of impatience. Absolutely everything, even dressing ourselves, even washing ourselves can all be done for God and the expression of our God abilities. Even putting make-up on your face can be done for God, because someone who looks at your face finds it attractive. Their life will be brightened because they see the efforts you put in to exemplify your fine features and to de-emphasize those features that you consider to be destructive and less than perfect.

Seeker: I am working with my clients with color visualizations. When I get the feeling that I should project a certain color such as light blue for example, then sometimes it happens that I don't see this light blue but I see a totally different color such as yellow. Does that have to do with me that I didn't visualize correctly or that I didn't recognize what the client really needs, or does it mean that the client refuses to work with this energy right now?

Jordan: Now I've heard you put all the negative on two different actions instead of looking for the positive. You are really struggling to disprove your own healing abilities and to limit them. I would have approached it in this manner. I would have said: "When I am working with healing I sometimes get the impression that my client needs light blue. So I begin to visualize that for him and then, isn't it

wonderful that after I have affirmed light blue in my own screen of recognition I see that they need yellow because yellow comes up on my screen of visualization." Then I start visualizing yellow and affirming the light blue, which produces green, which brings balance into their physical forms. That will ultimately be the effect of my work on them. But you've got to question, you've got to deny, you've to think because it suits you that there is something wrong with your procedure. If it doesn't happen just the way you thought it should, then you are wrong, it doesn't work and everything else is wrong. Wonderful, great excuse, isn't it? Good, keep using it, why should I take it away from you? When you are willing to give it up, then you'll start using the affirmations, you'll start doing active listening. When you are willing to give up your conditions, you'll employ this great brain to determine its cause. Then you'll trust in your God, you'll trust in your visualization, you'll put your emotional energies behind it and you'll say I am whole. You might think I am talking only from thesis, I am not.

Many years ago I'd put myself under tremendous pressures, working in establishing a drug rehabilitation community. I worked with senators and city fathers in order to establish this community, using meditation techniques as its basis. Then I traveled from state to state doing my spiritual work so that I could send all the money back to the community to feed and clothe these children, to educate them and so forth. Of course my body reacted and I had created a wonderful tumor in the back of my head. I went through all of the tests and the physicians said: "Well, you have to have surgery. Now, maybe you are going to walk, maybe you are going to talk, maybe you are going to die and maybe you'll just live like a vegetable, maybe." Well, that was their limitation, that wasn't mine and I went home. This was early October. But I did agree that when I finished my tour I would come back to this Jewish hospital in Kentucky and I would allow the surgeon to perform surgery. I checked into the Jewish hospital on the 17th of December. My parents wanted to come up immediately, I didn't let them because I didn't want to cope with their fears that I might not live because I knew I was going to live. While I was on tour I said, "God, show me why I created this." He did and I said, "I am going to do this work and if this tumor is going to take my brain, my life, let it take it while I am doing your work." Well, after seven days the doctors came in and said, "Here are your x-rays, here is your ultrasound test result, we can't find your tumor anymore, it's gone." I went home. What I am teaching you, functions.

It works in my life. And that's all any teacher can do, is teach you what works in their life. First we understand what created the situation, then we deactivate the condition, the situation by doing what's put in front of us. Then when we meditate and we call in universal mind, we can begin to work in our self-healing because we put God into action. I said earlier God is a thesis, God is just a spoken word. It gets people's attention, but that doesn't do much for giving him life, doesn't it? It's only when we put him into action that we have him.

Seeker: Would you please give an affirmation for eliminating physical tensions and illnesses?

Jordan: I am in God, God is in me, we are one, and I am learning how to recognize the oneness. Or you can do as the Yogis teach and you can go around saying, "Ram, ram, ram, ram, ram, ram, ram, ram, ram." Or you can go around saying as the Sufi and as the Krishna people teach, "Hare, Hare Krishna, Hare, Hare, Hare Krishna." You can go around chanting "Buddha." If you are a dyed in the wool Christian and Christianity is an activated concept, mind you, you can go around saying, "Jesus is Lord, Jesus is Lord, Jesus is Lord, Jesus is Lord." Or you can say, "I am a Christian, I am a Christian, I am a Christian," when you understand what being a Christian entails, because being a Christian means being harmless and being the epitome of love. And the epitome of love is harmlessness. We are all Krishnas, we are all Buddhists, we are all Taoists, we are all Islamists and we are all definitely Christians, actively being soldiers in the war against ignorance. I view people as soldiers in the war against ignorance. It's the greatest war we are ever going to fight, the war against ignorance, superstition and this so called occult. Now you know the definition of occult, don't you? The Webster

dictionary says occult is the unknown. Once it's known it's no longer occult. I am afraid we are all occultists. How about recognizing that you Christians, you Taoists, you Buddhists, you Islamists, or whatever -ists you are, are occultists because you are constantly working with the supposed unknown. Ignorance is the greatest disease and unfortunately is the cause that produces all the destruction that we see around about us.

Seeker: If we visualize wealth, should we then visualize a symbol of wealth?

Jordan: That's been the course of things. You started in babyhood. You make your father your icon, you make your mother your icon. You start walking like them, you start talking like them, you start thinking like them. Then you go out and you meet your friends and you usually choose someone that you think is very pretty, very strong, very capable and you fashion yourself after them until you discover that that wasn't all there was to it. You watch your teachers in school and you choose one that you like. You respect their knowledge, you respect what they're doing with their life and you start directing your life, your receptivity after what they're demonstrating. Then you go out and you find yourself a woman and you start fashioning yourself after her and hopefully that will work. Then you go in business and you see the boss, you start thinking of what he's done to achieve his position. Did he marry the boss' daughter? However he achieved it— You start thinking like they think, speaking like they speak and developing.

Now, all of our lives we have had two very visual icons which to choose from. You're not going to like this but I'm going to say it. A student of mine once said to me, "I'm all those negative things that I see with the people around about me. That's why I am the way I am," and I said, "Now wait a minute. Yes, you have all those negative things around you but you also have all those positive things. You have me around you. Who will you choose to be like?" You have the devil, ignorance. You can find him everywhere, you'll see him in every walk of life. And you have God, wisdom. What will you pattern yourself after? You must make the choice. You've had the saints as icons and for each century that a saint existed, there was a tyrant and the people could pattern themselves after the tyrant or after the saint, their choice. Just as it's your choice now. What will you pattern yourselves after? If you want wealth, get one of the autobiographies and read what John Paul Getty did, what Kaiser did, what Geigi did. Or go to those people who are demonstrating affluence and watch the discipline that they use in the administration of their vital energy, of their physical energy, of their mental energy and then follow the same discipline. Then the results will be your reward. But if you are unwilling to employ the same actions, then you don't want to administrate what you see. You're happy with the situations around about you. Every visualization, every icon only symbolically represents what you can be if you choose it. That's why you've got multiple choices. You can choose every step of your life. And don't deny the choices you've made. You can't. You have to live with them. When we're tired of them, when we're sick unto death of them that's when we all say, "Oh God, help me." Let's hope we don't do too much distraction and destruction before we make the choice to say: "God help me." Yes, get yourself an icon. It can be a picture, it can be a book. You can go to work for them. But don't dissect them. Don't try to find their Achilles heel so you can justify your lack of disciplined action. Drink in and absorb what they do and then you do it. It's exactly what you did as a child and you've been doing it all your life.

Om Shanti.

(This teaching letter will be continued in No. 04/XI.)