

# "TEACHINGS FROM THE HIERARCHY"

## **Monthly Teaching Letter for the dedicated student/seeker**

**Channeled through  
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### **COMMUNICATION – PARTNERSHIPS - RELATIONSHIPS**

(Channeled in Villmar)

Jordan: We'll start with the word partnership and what it means to us. I found that each individual must clarify in their own consciousness what partnership, relationship and marriage means to them. Many of us are struggling through the projected concept of what partnership should be. We deal with the projection from Hollywood of what partnership should be. We work with literature's idea of what partnership should be. Of course we have to work with the church's idea of what partnership should be. And then each and every culture has its own particular concept of what partnership should be. We function with what we experienced from our parents and their partnership. So we get many fragmented pieces of information, which sort of confuse us in bringing together a clear picture for ourselves as to what partnership should be, what marriage should be and what we can perhaps hope to accomplish in this state of togetherness.

Now togetherness is a very important word because partnership should offer togetherness. Partnership should offer a unified goal and purpose while each individual has a conceptional destination that they wish to achieve in their life.

Also various books of religion describe what a partnership between the masculine and the feminine should be. And the description is rather clear:

The male is to be the active, constructive, wise principal that bears the responsibility for the unity, harmony and progression of the family.

The female is to be the subservient, the inspiration, the encouragement and the maintainer of the individual family perspectives. The female should be subservient to the superiority of the masculine and be contented to be his inspiration. That's precisely what most philosophies and religions on this globe say is the female role. It sort of is capsulated with this particular statement (Ruth 1:16):

Whither thou goest I shall go. Thy people shall be my people and thy way shall be my way. The traditional role of the female is to bear the children, to prepare the house, to keep the extended family unit together and to always be the shining example of her husband's success. She is never to appear with cream in her face and curlers in her hair, but to always be well groomed, balanced of personality,

never ever being exhausted of her energies and prepared to be her husband's dancing girl and source of entertainment upon his return from his exhausting duties in the outer worlds. Well, that's the traditional concept. It's oftentimes what you encounter when you are speaking with religious leaders who have no doubt that if there is anything wrong with the partnership, the man maybe slightly at fault, but that it's mostly the female's fault. And the female is supposed to endure all manner of degradation for the marriage's sake, the partnership's sake, the church's sake and the children's sake. How many of you ladies or those persons who think themselves as ladies are prepared to follow that traditional concept? ... I don't see any hands going up.

Then of course we have to deal with the traditional concept produced by literature. That's the idea that each princess should wait in her tower until her knight in shining armor rides by and rescues her from her tower and whisks her away to his castle in some distant land and protects her for the rest of his days. Then according to Hollywood there is no such thing as just biological manipulation. Every time you get a little shiver in your reproductive regions, it's automatically instant love and from the involvement in it it's going to turn into a fabulous fantastic soul supporting communication and relationship.

Every young girl secretly is looking for her knight. Every young man is secretly looking for his princess so that he can prove his valor and sustain his somewhat insecure image of his strength and his constant knowledge of everything. Then Hollywood says that each man should be a perfect dancer and should be a romantic at any hour of the day. He should be prepared - like Fred Astaire - to dance on the ceiling because he's seen the vision of his dreams, which he's going to possess and own. As soon as he slips the ring around the finger - the noose around her neck - she becomes his property and he becomes her property. That's part of what causes relationships to fail - his and her property.

Most young ladies believe their fathers were perfect and their mothers were miserable until they become mothers themselves. Most young boys think their fathers are jerks or are setting impossible standards for them to live up to and that mother is their source of comfort and accepting love.

The more counseling you do the more you'll find that there are indoctrinated concepts which people hold on to for a very long time. In fact many young women really marry their fathers. And because they are looking at their physical fathers through rose-colored glasses they don't quite see all of the traits that their father labored with and under until they are married to it. Of course a great many young men have a tendency to look for familiar characteristics exemplified in the female form they choose to marry, and then they discover that perhaps mother wasn't perfect, their wives are not perfect and they are looking for something else which is more perfect.

So we find out that our exposures give us a false concept of what to expect and what we are prepared to give. These are very important facets in determining whether we are prepared to function constructively, cohesively in the boundaries of a relationship as we also deal with our tendencies to do role-playing. Because each of the genders has tremendous role concepts - whether they are willing to admit it or not - through their indoctrination in the church, in the family, in literature, in movies and in society's magazines and so forth. We start formulating our ideas of what we should be in this gender form that we are occupying. We start measuring whether we can compete with the accepted form of this gender expression as we are doing our self-judgments, our self-evaluations and oftentimes our self-criticisms. We express this illusionary concept of what we should be, how we should respond and what we should think and we begin our entrance into this communication from a very distorted standpoint - a hopeful one. Most of us believe that we can kiss a frog and turn him into a prince because that will prove to us what fabulous powers we have and how fabulously desirable we are.

We'll accept this frog as it presents itself and because this frog loves us so much, wants us so much and needs us so much, we'll change this frog. We'll make him a prince instead of the frog that he was from the beginning.

Of course most gender fellows look at this helpless little creature and they are going to save her from her self-destruction. He is going to take his strength, his brilliance, his patience and determination and because she is so flexible and so moldable and so insecurely innocent he is going to take this little damsel from the farm and turn her into a sophisticated paragon who will represent his great masculinity and his ability to conquer all situations. Then he discovers that he's got a stubborn broad who is really quite happy with herself and is determined to turn him into a prince because she evaluated him as a frog and thought that with patience, endurance and love she'd turn this frog into a fabulous prince. He thought he'd take this little innocent maiden or this overused harlot and turn her into a good woman according to his concept of what a good woman should be.

As a result we have to deal with all of these indoctrinated illusions which don't cut it when it comes to creating a successful partnership, a successful marriage. We start dropping self-destructively every one of those dreams, hopes and wishes that we have for ourselves, and we start settling. We start settling for what we seem to be stuck with, what we seem to have. We don't recognize that while we are dropping all of our dreams for ourselves and our desires to be able to express ourselves and while we start settling for a great deal less than we hoped we would manifest for ourselves, we start doing a tremendous amount of self-destructive encapsulation. Then we break down all forms of constructive communication and we start entering into a lot of protective reaction and a lot of transference of responsibilities and guilt.

I recommend that in order to begin a partnership or even to consider entering into a partnership you should come to terms with yourselves and not being influenced by what society says should be your characteristics, your attitudes about life. I recommend that you not let yourselves be encapsulated in these gender roles, but that you take some of the insights that were provided for us by Jung which say that we are a duality, that we have inside of us a Yin and a Yang.

There is so much of science to support that truism that we can't deny the fact that indeed we are a duality. We have to have a certain amount of white corpuscles in conjunction with red corpuscles. We have to have a pH balance in order to sustain balanced health. We have to work with sensitivity as well as logic reasoning powers. So we are a duality no matter how we slice it, and we really do have to recognize that we are a duality if we are going to come to a clear realization of what it is we want from a relationship. And we should do that rather constructively.

So we start to make a list. In order to make that list, we ask ourselves: What do I want to experience within a relationship? Is fidelity important to me? If it is, we put it on the list. If it isn't, we leave it off the list and we deal with that concept of fidelity at a later date. Many people prefer an open relationship, which allows them to experience lots of various different people – sexually, emotionally and mentally. If honesty is an important factor for you to be able to securely and comfortably enter into a relationship, you put it on your list. If you are not too terribly concerned whether your partner is being honest with you and you really don't care too much what they say – as long as it doesn't interfere with what you want to do - then honesty is not important to you and you leave it off the list. If tolerance is an important factor, put it on the list. Think of all of the various factors that are necessary and important for you to create a stable, productive relationship or partnership and you put them on the list. Is communication an important factor? Is honest communication and not the dishonest distortions, which many individuals perpetrate in relationships, an important factor? Is flexibility an important

factor? Is spirituality an important factor for you to have in a relationship? Is security a factor? I am not speaking about financial security, although that comes into play. I am talking about the personal security that an individual acquires because they know who they are, what they are and where they are going in life. That's a very strong security that functions beautifully in a relationship. If you don't particularly want to deal with your partner's family and you want your partner to put their family in a secondary place in their life, then you need to put that down. And don't expect that after you've entered into this partnership, you can extract them from their families and have them totally centered in establishing a family with you.

Whatever you feel are the most necessary commodities for you to experience in the interchange that we call relationship, you should know them. You should know what you are looking for in a relationship. It's an unfortunate factor that most people don't, that they are manipulated by this romantic concept that love is something that overshadows everything. Of course it doesn't. It can hold you together if you don't kill it or if you don't deny it. So many of us go around killing our love for each other because we are not loving ourselves and we feel that love is like a water faucet that can be turned on and off at will. And of course it never works quite like that. That works only in our imagination and in our indoctrination.

Now your need can be turned on and off like a water faucet. So many people are in need that they confuse it with being in love. You should know the difference between being in need and being in love. Not knowing that difference is going to set you up for the pitfall of thinking yourself in love when it was actually being in need. I'll tell you how you get in need. It's through your desire to be in competition with your girlfriends who all have boyfriends and you don't have one. So there's got to be something wrong with you. It's through your desire to please the family and get a man who is going to take care of you, sustain you and comfort you so that your parents can say: "We can die now, the responsibility for our children is passed on to someone else. Maybe they can give us grandchildren so that we can re-do all of the mistakes we made with our children and be perfect grandparents to our grandchildren." Maybe that was your stimulus. Or maybe you were in need of feeling as though you had accomplished something. So you got a man or a wife of your own and you managed to satisfy that need based on the wrong premise - a lack in your life, a lack in your character and a lack in your well being.

Many people confuse for many varied reasons being in need, being in want and being in love. First of all few of us are going to recognize that a great deal of the reproductive organ stimulation is brought about by chemistry and not necessarily by love. It's a stimulation that seems to demand some satisfaction. And because we don't want to just see it as a simple itch that needs to be scratched, we say: "I am in love." We get ourselves convinced that each time we scratch our itch whether it's with the same person or with different persons, that we are romantically, helplessly and totally in love prepared to make all of these grand sacrifices for this individual while we are scratching our itch most comfortably. Oftentimes we find that after the scratching is done and the itch is satisfied, we just would as soon lose them some place as to have to deal with them 24 hours a day. That is being in need.

Few people want to honestly look at that and say: "I am having a biological itch. What can I do to scratch it?" and then go about their journey finding a compatible companion for one hour asking: "Do you have an itch that needs scratched? I have an itch that needs scratched. If we itch together we can scratch together and we don't have to fool ourselves or lie to ourselves and pretend it's anything else except an overpowering itch that needs some scratching." There is something to be said about honesty with oneself especially when one is contemplating entering into one of the intricate parts of one's life - partnership

We need to take a look at our motivation as to what's telling us that we need or hopefully want a partnership. We've put on the list what it is that we want this individual to have as already existing characteristics and tendencies. It's not something that we hope we can instill in them because that's usually an illusion. You are going to end up spending an awful lot of energy trying to instill in this companion what you discovered is lacking in their life, which is a tremendous annoyance to you and sets up borders, which eventually become the borders in your communication. And then you can figure that the partnership is on the descent, not on the ascent.

So we want to find out our motivation and we then want to find out for ourselves what our comfort zones are. So many of us don't know our own comfort zones and because of this illusionary indoctrination we are constantly going over our comfort zones and creating tremendous stress inside of ourselves which then makes us extremely critical and extremely judgmental of the individuals we've chosen to be with, whether it's out of need or whether it's out of want or whether it's out of love. Stepping across the comfort zone borders over lengthy periods of time begins to create an agitation and a destructive critical reaction inside of us, which then causes us to start diminishing any of the values that we may or may not have found in that partnership, in that relationship. So you have to discover your comfort zones.

Most people really honestly believe that if they were to find the right companion that they would give everything. That's the greatest illusion you can ever entertain in your life and it's the most destructive illusion that you'll ever steep yourself in because you will not give up your free thinking and you will never stop thinking for yourself. You will not sacrifice yourself in total for your companion. So you need to obliterate the concept from your brains that you are willing to give everything. You've just proved to yourself that you would not be when you said that you weren't willing to follow the traditional role of femininity. You are not going to be willing to give your all. So you'd better find out your comfort zones. You'd better come to a clear precise understanding of what you are able to give comfortably to sustain a relationship, to give it the fuel that's necessary for it to continue to grow and prosper and to create that emotional stability, that emotional tranquility in your life so you can stop spending so much time looking.

Just think of all the time you spend looking for someone to make you feel good about yourself, someone to bring you that love that you ain't got, never had and are not sure you'll ever find, that will prove to you that you are such a wonderful being.

So we begin with a realistic ledger book of what we want to have, what our partner should already demonstrate, not what we are going to create in our partner but what he/she already has. And we make a list of what we can comfortably give in order to sustain that relationship.

Now you are ready to enter into the arena of discovery where you can start to recognize the people who stimulate your chemistry, your imagination and your libido and give you the idea that perhaps you could spend some time with them because you've got your bottom lines and a clear image of what you want active in your life. It's not something you are going to have to create, but something you can share, something you can enjoy. It's clearly there because you've recognized it in your head. Most people say to me that they don't know what they want. Then I look at them and say: "But you know what you don't want. So write down what you don't want. And if you know what you don't want, that'll show you what you do want. So there is no escape regardless of what your excuse may be, but I find that a lot of people are unwilling to be honest with themselves. They'd rather hold on to these illusionary concepts of what they should be. And that's exactly what they'll get: illusion.

See I believe that partnership means exactly what it says. It's that unity which brings us into mergerment where two energies merge together and become as one energy. In that oneness they can separate from physical contact and be miles apart, centuries apart and still be united. There is a wonderful concept or a description of partnership, marriage and mergerment in the book "Master H" written by Pensatia. You'll find Master H clearly stating the necessity for this mergerment so that no matter what our karma or our dharma may impose upon us, we can still be united with that individual, with that energy that we truly have formed a marriage with. We are not really separated by the body, by the emotions or by the mind. There has been such an interweaving and a connection that you'll always know what your partner is feeling, moving through and experiencing as they follow their karmic/dharmic spiritual path and you are following yours as you are expressing yourselves to the fullest of your abilities.

I have always believed that this is totally possible and not just possible, but very real. If we know what we want and we know what we are ready to give and we have our list in front of us and we've cleared away all of those hopeful relationships, those maybe-it-will-happen-experiences, we can keep ourselves pretty much controlled, balanced and functional while we are magnetically attracting to ourselves the energy that's going to have the commodities that we know we need in a partnership.

Om Shanti.

This teaching letter will be continued in No. 02/XVI.